

Public Health Consulting Services

As an independent public health consultant and contractor, I am able to provide subject matter expertise in the fields of public health, health promotion, and healthcare delivery services. Through my work and expertise, I provide services in analyzing gaps in services and programs, education and training implementation, content creation, teaching and facilitation, communication and outreach, health promotion, and providing evidence-based clinical health education to stakeholders. I also can provide subject matter expertise in several areas of public and behavioral health, social work and supportive services, education, and more.

My work spans collaboration with medical and mental health professionals, social workers, community health workers, educators, healthcare leadership and families—identifying needs, delivering resources, and advancing health education to create lasting impact for the communities we serve.

Public Health Expertise

1. Public Health Promotion Strategies
2. Program Planning and Development
3. Health Equity and Community Health
4. Health Education and Behavior Change
5. Training and Supplemental SME Support

Subject Matter Expertise

1. Maternal, Infant, and Child Health
2. Health Education and Health Promotion
3. Healthcare Navigation & Social Services
4. Pediatrics and Early Child Development & Behavior
5. Lactation Education and Peer Counseling
6. Childbirth and Postpartum Support
7. Parenting Education
8. Gestational Diabetes and Comorbidities in Pregnancy
9. Black/African American Health Disparities
10. Black Maternal and Infant Health Disparities

